

	Tuesday Jul 10 2001	Wednes. Jul 11 2001	Thursday Jul 12 2001	Friday Jul 13 2001	Saturday Jul 14 2001	Sunday Jul 15 2001	Monday Jul 16 2001	Tuesday Jul 17 2001	Wednes. Jul 18 2001	Thursday Jul 19 2001	Friday Jul 20 2001	Saturday Jul 21 2001	Sunday Jul 22 2001	Monday Jul 23 2001	Tuesday Jul 24 2001
Stress Level:	Severe														
	Substant.				□		□								
	Moderate														
	Slight	□	□	□			□	□	□	□	□	□	□	□	□
Threshold:	None														
	V.High	△	△	△	△	○	△	△	△	△	△	△	△	△	△
	High					○							○		
	Med.		○												
	Low	○				○	○								
Fullness:	V.Low														
	Severe														
	Substant.				△	○	△	△	△	△	△	△	△	△	△
	Moderate	△	△	△											
Distortion:	Slight	○													
	None														
	Severe				△	○	△	△	△	△	△	△	△	△	△
	Substant.	△	△	△											
Tinnitus:	Moderate	○													
	Slight														
	None														
	Severe	△	△	△	△	○	△	△	△	△	△	△	△	△	△
Medicines:	Val1,2.0 Chlor4,2.0 Mecl25,1.0 pred20,1.0 Rhino32,8.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 pred20,0.5 Rhino32,8.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 pred20,0.5 Rhino32,8.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 pred20,0.5 Rhino32,8.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 pred20,0.3 Rhino32,4.0	Val1,3.0 Chlor4,2.0 Mecl25,1.0 Rhino32,4.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 Rhino32,4.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 Rhino32,4.0	Val1,2.0 Chlor4,2.0 Mecl25,1.5 Rhino32,4.0	Val1,2.0 Chlor4,2.0 Mecl25,1.5 Rhino32,4.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 Rhino32,4.0	Val1,3.0 Chlor4,2.0 Mecl25,1.0 Rhino32,4.0 Bdryl25,2.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 Rhino32,4.0 Bdryl25,1.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 Rhino32,4.0 Bdryl25,1.0	Val1,2.0 Chlor4,2.0 Mecl25,1.0 Rhino32,4.0 Bdryl25,1.0
Sodium:	>1500mg														
	1000-1500mg														
	500-1000mg		□	□	□		□	□	□	□	□	□	□		□
	<500mg)					□								□	
Weather:	fog/clear	clear	fog/clear		clear	fog/clear	fog/clear	fog/clear	fog/clear	fog/clear	fog/clear	fog/clear	fog/clear	fog/clear	fog/clear
Pollen Level:	High														
	Medium	□	□	□		□	□	□	□	□	□	□	□	□	
	Low														□